

Lethal in Japan - the real story on radiation

Thursday, March 24, 2011 by: Mark Circus., AC, OMD

The headlines we wake up to Monday morning say: A new column of smoke rising from an overheating nuclear plant in Japan drove workers out of the smoldering site dented hopes for a breakthrough in the post-quake atomic crisis raising the risk of uncontrolled radiation. The World Health Organization said today that radiation in food after an earthquake damaged a Japanese nuclear plant was more serious than previously thought, eclipsing signs of progress in a battle to avert a catastrophic meltdown in the reactors.

The government of the world's third-biggest economy has been insisting that there is no widespread threat of radiation but confirmed that fresh foodstuffs are now showing signs of contamination.

The double speak has officially started so now we know that the trouble is real, dangerously dark and that we will be treated like cows instead of intelligent human beings. On March 19, 2011 it's been only three short days we have gone to the brink of an unimaginable catastrophe that does not seem so bad if you read the mainstream press. Only light radioactive showers predicted for the weekend over southern California. Nothing to worry about!

The Japanese government said Saturday the 19th radioactive iodine turned has already turned up in tap water in Tokyo and five other areas. Of course they add in the double speak saying that it's only "small but safe amounts of" of some very dangerous stuff.

Best way of conceptualizing this event: The largest nuclear complex in the world is now in the process of becoming the hottest radioactive emitter in the world with deadly plutonium in the mix. Very soon the showers will turn heavy and no one is going to want to be in the jet streams path. Already they are starting to measure the exposure to the people local to the disaster in terms of how many CAT scans of radiation they are being exposed to as if these medical scans were safe, which they are not.

Nuclear power plants are really dangerous facilities put in practical use on stipulation that they can "completely seal in radiation," while radioactive weapons commit an impermissible crime scattering radioactive materials in the environment. - Professor Katsuma Yagasaki

At the power plant site itself, with almost all the reactors and spent fuel ponds in various stages of meltdown we have a super lethal situation that can only get worse. Representative Michael Burgess, Republican of Texas, asked for detail about the radiation levels at the Japanese nuclear plant. "Are we talking about radiation equivalent to a chest X-ray? A CAT scan?" he asked. Gregory B. Jaczko, the chairman of the Nuclear Regulatory Commission replied, "Levels that would be lethal with a fairly short period of time."

Harold Denton, a former senior official with the U.S. Nuclear Regulatory Commission was faced with the Three Mile Island crisis, holding daily news conferences. Talking about the situation in Japan he said, "This is certainly far worse than Three Mile Island." But the Japanese are not rating it that seriously yet but we each passing day they will see and be forced to admit the more than partial destruction of the northern part of their nation, which in all likelihood include the Tokyo metropolitan area of 30 million people.

There are brave men fighting what could end up being a losing battle against a nuclear Armageddon for Japan and even other large parts of the northern hemisphere. These men will certainly all die so up close they need to be to shoot their water cannon from fire and police trucks.

Some of that lethal stuff is already falling down in "safe" dosages in California and everyone there is being told to not sweat about it -- it's perfectly safe. And even though it can be measured on instruments they want you to believe that your cells will not pick up on the radioactive particles. A diplomat who has access to radiation tracking by the U.N.'s Comprehensive Test Ban Treaty Organization told the Associated Press in Vienna that initial readings show radiation has in fact reached California.

But a little is good for you so really don't worry about a thing. You better believe I am deadly serious that some people will fight for the devil, for the death principle, which is what radiation is. I have seen doctors fight for the right to use deadly mercury in vaccines and most dentists have not completely given up on mercury laden dental amalgam. Almost everyone in medicine and dentistry thinks fluoride is wonderful for the children. Once there were some psychologists who actually went so far as to publish their new philosophy that child sexual abuse really was not such a bad thing after all. No sanity is the watchword here - but yes I agree. Radiation is healthy, going out in the sun, without toxic sunscreen exposes one to healthy radiation that provides the most wonderful biochemical life-giving effects. But we are going to be talking about really nasty radiation coming from Japan and let's see what the dosages and exposures are in the end.

In principle, using the Atomic Energy Control Board's (AECB) regulatory limits, we can calculate that 0.1 micrograms of plutonium can overdose one person while noting that maximum safe exposure limits is placed at 0.56 micrograms maximum full body exposure and 0.25 micrograms for lung exposure. "Experiments with beagle dogs suggest that about 27 millionths of a gram of insoluble plutonium would be sufficient to cause lung cancer in an adult human being with virtual certainty, with significant risks probably associated with far lower doses," report International Physicians for the Prevention of Nuclear War. According to the Canadian Coalition for Nuclear Responsibility (CCNR) 0.1 grams would overdose one million people, one gram, ten million people, 100 grams, one billion people and 600 grams, six billion people.

"A rapid release of one kilogram of plutonium at ground level in dispersible, inhalable form would cause a public health emergency of the first magnitude. Plutonium air concentrations could be on the order of hundreds of micrograms per cubic meter of air at one kilometer from the release site. Individuals breathing this air would inhale enough plutonium to cause cancer with certainty within minutes," said Dr. Edwin S. Lyman of the Nuclear Control Institute. This is the nightmare of nightmares. There is an incredible amount of plutonium in this plant that could very well put us all in supercritical danger.

350 tons of uranium is equal to about a kilogram of plutonium. - Dr. Chris Busby

The Pentagon has misled the world with claims that its DU is safe. They have lied about depleted uranium regardless of how many of their own soldiers become ill and die from it and from the toxic vaccines they administer in mega doses before troops are deployed into war theaters. The Pentagon has maintained that DU shells are safe because they contain only mildly radioactive uranium when in reality depleted uranium also contains small amounts of plutonium and other highly radioactive elements. Despite the authorities' attempts at concealment, the truth is out.

Since World War II, accumulated radiation has increased the radiation burden to the global community. Nuclear weapons testing, nuclear power plants, radiation accidents like Three Mile Island and Chernobyl, and terrible nuclear accidents from earlier years in Russia have all contributed to increasing the overall radiation contamination of the global environment. We cannot escape exposure because we breathe the air, drink the water and eat the food from contaminated soils.

When uranium burns into particles, it will enter human bodies ingested with drinking water and food, or inhaled with air. In this case, the whole radiation and chemical toxicity will be released in the body. - Professor Katsuma Yagasaki

According to Dr. Katsuma Yagasaki, "DU dust-like particles can enter human bodies, and once taken into the body, they will become tens of millions times more hazardous. Newly released data indicate that low-level radiation is more likely to cause biochemical abnormalities than intensive high-level radiation. It is wrong to make light of the hazard of low-level radiation."

After the “Shock and Awe” campaign in Iraq in 2003, very fine particles of depleted uranium were captured with larger sand and dust particles in filters in Britain. These particles had traveled in 7-9 days from Iraqi battlefields as far as 2400 miles away. The radiation measured in the atmosphere quadrupled within a few weeks after the beginning of the 2003 campaign, and at one of the five monitoring locations, the levels required two official alerts to the British Environment Agency.

Within nine days of the start of the Iraq war on March 19, 2003, higher levels of uranium were picked up on five sites in Berkshire. - London Times

The Ministry of Defense refused to acknowledge the possibility of any connection between the use of atomic weaponry in Iraq and these readings in England, saying the uranium was of a “natural origin” and there was no evidence that depleted uranium had reached Britain from Iraq.

According to Dr. Chris Busby and Dr. Saoirse Morgan, who forced the British government to release the above information, “On the basis of the mean increase in uranium in air of about 500nBq/m³ we use respiration data to calculate that each person in the area inhaled some 23 million uranium particles of diameter 0.25 microns. As far as we know, this is the first evidence that uranium aerosols from battle use have been shown to travel so far.” The military, essential partners in everything nuclear, have been playing with the nuclear fires on the battlefields and the stuff is getting back home. Typical they would not tell us commoners anything about it. Will they tell us when things get completely out of control in Japan?

The shattering truth of all this leads us to the conclusion that radiation travels with ease on the winds and the jet stream long, very long distances, so it’s a big mistake to assume we’re out of harm’s way. Busby and Morgan made it perfectly clear that “the evidence from the present analysis is implicit in the results; i.e., the increases found clearly demonstrate that the uranium particles are capable of long-distance travel.”

Busby and Morgan continue saying, “Despite many pieces of evidence that the uranium aerosols are long-lived in the environment and are able to travel considerable distances, this is the first evidence as far as we know, that they are able to travel thousands of miles. The distance traveled from Baghdad to Reading following the wind patterns implicit in the pressure systems at the time is about 2,500 miles. Although this transport may be hard to believe at first, the regular desert sand events that occur in the UK should teach us that the planet is not such a large place, and that with regard to certain long-lived atmospheric pollutants, no man is an island.”

After traveling 2,500 miles, if the exposure to the English was 23 million uranium particles, it is anyone’s guess the amount of fallout that reached the United States. Odds are that everyone in the northern hemisphere was contaminated to one degree or another.

Special Note on Iodine: Dr. Miller says, “Radioisotopes pose an important health risk to man in nuclear accidents associated with electric power generation due to their uptake by the thyroid glands. Topical application of tincture of iodine (I) was found to be effective in blocking the thyroid uptake of orally administered ¹³¹I [131-Iodine] in humans. Abdominal skin application of tincture of I [iodine] resulted in an approximately 82 percent reduction in the uptake of ¹³¹I by the thyroid gland. The effectiveness varied among individuals and may have depended on the quantity applied and on the application site. In each study group, elevated levels of serum I were observed. This may be an attractive alternative method of mass protection from radioisotopes of I following nuclear accidents. Serum I concentrations peaked at approximately two hours after topical application of tincture of I.”

Dr. David Brownstein says, “13mg/day of iodine prevents approximately 96 percent of radioactive iodine from binding to the thyroid gland. That is the approximate dosage of iodine ingested daily by the Japanese. This is over 100x the average daily dose ingested by Americans. Please keep in mind it is not just the thyroid gland that is at risk with exposure to radioactive iodine. The breasts, ovaries, uterus, prostate, skin, and other

organs all bind and require iodine for optimal functioning. In fact, every cell in our body requires iodine for optimal functioning. Therefore, if we are iodine deficient, exposure to radioactive iodine can potentially result in damage to all the cells of the body. My experience has shown over 95 percent of patients are deficient in iodine. I believe iodine deficiency is one of the underlying causes of the epidemic of cancer of the breast, thyroid, ovaries, uterus and prostate. Furthermore, iodine deficiency is the underlying cause of thyroid disorders including Hashimoto's disease, Grave's disease, goiter, and hypothyroidism. Our iodine levels have fallen 50 percent over the last 30 years. During that time, all of the above conditions have been rising at near epidemic rates."

About the author:

Mark A. Sircus, Ac., OMD, is director of the International Medical Veritas Association (IMVA) <http://www.imva.info/>.

Dr. Sircus was trained in acupuncture and oriental medicine at the Institute of Traditional Medicine in Sante Fe, N.M., and at the School of Traditional Medicine of New England in Boston. He served at the Central Public Hospital of Pochutla in Mexico, and was awarded the title of doctor of oriental medicine for his work. He was one of the first nationally certified acupuncturists in the United States. Dr. Sircus's IMVA is dedicated to unifying the various disciplines in medicine with the goal of creating a new dawn in healthcare.

He is particularly concerned about the effect vaccinations have on vulnerable infants and is identifying the common thread of many toxic agents that are dramatically threatening present and future generations of children. His book, *The Terror of Pediatric Medicine*, is a free e-book offered on his web site. *Humane Pediatrics* will be an e-book available early in 2011 and then quickly as possible put into print.

Dr. Sircus is a most prolific and courageous writer and one can read through hundreds of pages on his various web sites.

He has recently released a number of e-books including *Winning the War Against Cancer*, *Survival Medicine for the 21st Century*, *Sodium Bicarbonate*, *Rich Man's Poor Man's Cancer Treatment*, *New Paradigms in Diabetic Care* and *Bringing Back the Universal Medicine: IODINE*.

Dr. Sircus is a pioneer in the area of natural detoxification and chelation of toxic chemicals and heavy metals. He is also a champion of the medicinal value of minerals and seawater.

Transdermal Magnesium Therapy, his first published work, offers a stunning breakthrough in medicine, an entirely new way to supplement magnesium that naturally increases DHEA levels, brings cellular magnesium levels up quickly, relieves pain, brings down blood pressure and pushes cell physiology in a positive direction. Magnesium chloride delivered transdermally brings a quick release from a broad range of conditions. His second edition of *Transdermal Magnesium Therapy* will be out shortly. In addition he writes critically about the political and financial crises occurring around us.

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